

# Enneagram

# Certification Program in Conscious Living

A Depth Approach to Life-Changing Inner Work Through the Enneagram for Enthusiasts & Experienced Practitioners

> A Year-Long Enneagram Certification

With
Russ Hudson & Jessica Dibb

Begins April 17, 2024

EnneagramCertificationProgram.com



Apply Now to Receive \$600 Off Your Enrollment!
(Limited Time Offer)



### What Is The Shift Network's Enneagram Certification Program in Conscious Living?

This is your opportunity to **be guided through an interdisciplinary, comprehensive training** that combines rigorous teachings, academic studies, and experiential practices from today's leading Enneagram teachers.

During the *Enneagram Certification Program in Conscious Living*, a year-long online video training, you'll gain extraordinary knowledge and skills about human temperament, behavior, growth, and transformation that you can apply to your vocation, acts of service, and communities.

This training is a chance to discover the deeper background of the Enneagram teachings and develop a more detailed understanding of the inner workings of each of the types — so you can apply this to your relationships, your work, and the way you contribute to the world.

The faculty of the *Enneagram Certification Program*, along with a team of instructional design experts, have created one of the most immersive learning experiences offered at The Shift Network. This program offers exposure to a wide range of interdisciplinary Enneagram applications in such areas as neuroscience, somatics, breathwork... and many more.

In every session of this program, you'll receive in-depth transmissions and practices within a community dedicated to honoring the core of the Enneagram teachings while living them out in the world.

The certification is presented in a highly organized and thoughtfully designed program of prerecorded and live sessions. Building sequentially, these sessions effectively integrate information and guided practices throughout 11 units spanning several weeks each.

Whether you're an enthusiast or use the Enneagram professionally, **this program offers a transformative learning experience** for living the embodied consciousness of the Enneagram.

The Enneagram Certification Program in Conscious Living is designed to bring out your authentic self... shedding the camouflage so many of us wear.

The Shift Network did a great job organizing the bounty of information given to us in easy-to-access segments, which will help us in the years ahead when we want to review.

- Jane Desotelle

#### LEARN MORE AND SECURE YOUR SPOT

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### **How Will This Training Support My Life?**

Through the Enneagram, you can explore your human purpose and potential. You'll Discover:

- The 3 Centers: Integrating body, heart, and mind
- How to develop the gifts of all nine points on the Enneagram
- The instinctual **drives and subtypes**
- The **Higher Heart and Mind**: The virtues and the holy ideas
- The metaphysical foundations of the Enneagram symbol and the power of essence
- The art of recognizing type
- A wide range of methods and practices from breathwork to Qigong to facilitation techniques
- How to use the Enneagram to support equity and inclusivity, and to build transformational communities
- How science supports the Enneagram
- The implications of the work stepping into the world with presence

### As a Therapist, Coach, Clergy, or Other Healing Professional, This Certification Will Show That You've:

- Worked with and integrated the Enneagram through an interdisciplinary approach
- Thoroughly explored the **soul of the Enneagram** through intensive study
- Gained enough expertise to **answer other people's questions** about the Enneagram
- Engaged with leading-edge wisdom and practices connected to this deeply rooted system
- Become a profoundly knowledgeable source of the teachings
- Discovered how to embody the Enneagram's wisdom in your daily life
- Developed the strength and spirit to assess the reality of these times... and take intentional action
- Nurtured your capacity to help others cultivate their courage, confidence, and curiosity
- Learned how to bring an Enneagram-informed perspective into your personal, professional, and community settings... and how you view your place in the world
- The Shift Network does a masterful job in creating a virtual learning environment and community that supports the teaching. This was by far the best virtual learning program I have attended. I thought the design of the program was brilliant, starting with deep inner work through the various facets of the Enneagram, followed by the modules on methodologies, different applications practitioners have created, and the marriage of spirituality and science, grounding typology in neurobiology... Although I have studied the Enneagram for many years, this immersion program allowed me to finally know what living in Presence truly means.

   Manya

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### Learn Directly From Leaders in the Field

You have a chance to learn from some of **THE most experienced pioneers and innovators of the Enneagram**, and really explore this work from the inside out.

This interdisciplinary certification is **taught by Russ Hudson**, one of the foremost world-renowned Enneagram teachers and lineage bearers, **and Jessica Dibb**, one of the **leading innovators in the Enneagram field** and an Integrative Breathwork trainer. They are joined by Enneagram teacher and coach Julie Harris as integration faculty, along with some of the most highly regarded guest faculty in the world.

### Explore the entire list of guest faculty and secure your spot at EnneagramCertificationProgram.com

This program's faculty comprises leading experts in the Enneagram, psychiatry, somatic psychology, meditation, and breathwork... ensuring a comprehensive, well-rounded education that integrates diverse perspectives.

This unique range of perspectives sets this program apart, enabling graduates to connect on a deeper level and access more healing insights.

The shifts have been transformational. Both my personal and professional lives have altered. As someone who is a dominant "Social Eight," I tended to neglect not only myself but also my family. I have now created balance and harmony after seeing how my Self Preservation was neglected. I am also more available for my family. On the professional side, I am increasing tapping into other qualities which enable me to be of service by providing coaching sessions and creating spaces for women executives to activate their own power, with ease and grace. As a Senior United Nations Official and someone who has led large scale humanitarian operations, I have experienced that I can be of service by creating safe spaces for other leaders to emerge.

- Metsi

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### Why Shift?

The Shift Network's reputation for **delivering high-quality online education ensures accessibility to individuals worldwide**. The flexible learning format allows students to balance studies with existing commitments, making it an ideal choice for those with busy schedules. Plus, the program offers ongoing support and resources after completion to nurture your lifelong journey of learning and growth.

### Why Now?

On a global scale, it's apparent that the world is in need of a collective leap in consciousness. It's clear that the "solutions" we're using to address national and global problems aren't working. To create significant and sustainable change — to help us get through our collective traumas — we have to move into the cave of our own wounds and do the necessary repair work.

G.I. Gurdjieff, the man who brought the Enneagram symbol to the West, stated that its wisdom appears in the world in such times when a leap in spiritual consciousness is required, and when help to make this leap is available.

Has there ever before been a more urgent time for this work?

This leading-edge, year-long online video program will provide the Enneagram language, wisdom, guidance, and presence that's necessary to support the real innovation we need in our world today.

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